

Effect of Smear Layer on Sealing Ability of Canal Obturation: A Systematic Review and Meta-analysis

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Abstract

The purpose of this systematic review was to determine whether smear layer removal reduces leakage of obturated human teeth in vitro. PubMed was searched for articles published between 1975 and 2005, and results were categorized based on the method of leakage test. Among 26 eligible papers with 65 comparisons, 53.8% of the comparisons reported no significant difference, 41.5% reported a difference in favor of removing the smear layer, and 4.7% reported a difference in favor of keeping it; differences were significant ($p < 0.001$). Of the 65 comparisons, 44 used the dye leakage test for evaluation. The combined effect in this group showed smear layer removal decreases dye leakage (z -score = 0.37, $z = 2.31$, $p = 0.021$). According to meta-regression, obturation type, test site and duration, sealer and dye, and publication year had no effect on the results. Under the conditions of these in vitro leakage studies, it is concluded that smear layer removal improves the fluid-tight seal of the root canal system whereas other factors such as the obturation technique or the sealer, did not produce significant effects. (*J Endod* 2007;33:96–105)

Key Words

Canal seal, meta-analysis, obturation, smear layer, systematic review

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doi:10.1016/j.joen.2006.10.007

Although the smear layer was first identified and introduced 30 years ago (1), the question of keeping it during canal treatment is still in debate. It has been suggested by some authors that keeping the smear layer may block the dentinal tubules and limit bacterial or toxin penetration by altering the dentinal permeability (2–4). In contrast, some experts believe that the smear layer must be completely removed from the surface of the canal wall because it can harbor bacteria and can be detrimental to effective disinfection of dentinal tubules by preventing sodium hypochlorite, calcium hydroxide, and other intracanal medicaments from penetrating into the dentinal tubules; and it can act as a barrier between obturating materials and the canal wall and thus interfere with the formation of an appropriate seal (5–10).

It is known that one of the most important factors strongly affecting the prognosis of a root canal treatment is the canal seal, gained by appropriate obturation (11). Although a great deal of effort has been made to understand the effect of the smear layer on the apical or coronal seal (9, 12–36), the controversy of keeping or removing it still exists; thus, a systematic review to find the answer to this question seems necessary. In addition, our knowledge about the interactions between the smear layer and factors such as obturation technique and sealer type is very limited. Moreover, the methodology of studies, type and site of leakage tests, and the sample size should be taken into account, in our judgment.

Because of the aforementioned reasons, the purpose of this study was to systematically review the literature to determine whether smear layer removal reduces leakage of extracted human teeth obturated with gutta-percha with different sealers in vitro.

Materials and Methods

A comprehensive search was initiated to identify studies on the subject published in English from January 1975 to January 2005, using the PubMed service of the National Library of Medicine and the U.S. National Institutes of Health. Different combinations of the following key words were used in search queries: endodontics, smear layer, leakage, and root canal. Using this method, 145 abstracts were primarily selected for review (Table 1).

The inclusion criteria were (a) relevance of the contents to the subject of this review (for example, the article of Arisu et al. (37) was among the primarily selected articles that were considered irrelevant, because it actually reported the effects of a type of laser on the morphology and permeability of apical dentin surfaces, which is not related to our research, and the article of Ozturk (41) was considered irrelevant because it evaluated the effects of dentinal adhesive systems on pulp chamber seal); (b) availability of the full-text version of the abstract; (c) presentation of experimental research; (d) use of extracted human teeth as samples; (e) use of gutta-percha as the obturating material; (f) inclusion of two groups in the research design, one group with smear layer and the other without it; and (g) presentation of data reporting a valid mean and standard deviation (SD).

Considering these criteria, 98 papers were excluded from the study, and 47 articles were selected, photocopied, and reviewed by two endodontists. The reference section of each of these articles then was studied to determine whether any of the references cited in the article matched our search criteria. The ones that matched were placed on a master list, and each time a reference section was reviewed, the references were checked against the master list. If the article did not appear on the master list, it was then located, reviewed, and cross-referenced. This exhaustive process of locating,

TABLE 1. Research articles primarily reviewed in this meta-analysis

No.	Author (ref. no.)	Year	Inclusion Criteria Met	Test Type
1	Arisu et al. (37)	2004	No	—
2	Behr et al. (38)	2004	No	—
3	Carrotte (39)	2004	No	—
4	Cobankara et al. (21)	2004	Yes	Fluid filtration
5	Economides et al. (12)	2004	Yes	Fluid filtration
6	Karadag et al. (40)	2004	No	—
7	Ozturk et al. (41)	2004	No	—
8	Park et al. (31)	2004	Yes	Dye leakage
9	Prati et al. (42)	2004	No	—
10	Sevimay et al. (43)	2004	No	—
11	Clark-Holke et al. (22)	2003	Yes	Bacterial penetration
12	Davis et al. (44)	2003	No	—
13	Ferrari and Tay (45)	2003	No	—
14	Hossain et al. (46)	2003	No	—
15	Al-Turki and Akpata (47)	2002	No	—
16	De la Macorra and Escribano (48)	2002	No	—
17	Moodley and Grobler (49)	2002	No	—
18	Murray et al. (50)	2002	No	—
19	Shigetani et al. (51)	2002	No	—
20	Tay et al. (52)	2002	No	—
21	Tay et al. (53)	2002	No	—
22	Tay et al. (54)	2002	No	—
23	Torabinejad et al. (55)	2002	No	—
24	Wimonchit et al. (56)	2002	No	—
25	Yang and Bae (5)	2002	No	—
26	Cox et al. (57)	2001	No	—
27	Gilbert et al. (58)	2001	No	—
28	Gilhooly et al. (59)	2001	No	—
29	Kubo et al. (60)	2001	No	—
30	Ozok et al. (61)	2001	No	—
31	Timpawat et al. (20)	2001	Yes	Fluid filtration
32	Al-Dewani et al. (62)	2000	No	—
33	Al-Dewani et al. (63)	2000	No	—
34	Ferrari et al. (64)	2000	No	—
35	Von Fraunhofer et al. (34)	2000	Yes	Electrochemical
36	Froes et al. (23)	2000	Yes	Dye leakage
37	Goya et al. (33)	2000	No	Dye leakage
38	Al-Jazairy and Louka (65)	1999	No	—
39	Davalou et al. (66)	1999	No	—
40	Economides et al. (19)	1999	Yes	Electrochemical
41	Kimura et al. (67)	1999	No	—
42	Kytridou et al. (68)	1999	No	—
43	Mannocci et al. (69)	1999	No	—
44	Yamazaki et al. (70)	1999	No	—
45	Barkhordar and Russel (71)	1998	No	—
46	Caliskan et al. (72)	1998	No	—
47	Santini (73)	1998	No	—
48	Sen and Buyukyilmaz (74)	1998	No	—
49	Timpawat and Sripanaratanakul (29)	1998	Yes	Dye leakage
50	Wu et al. (75)	1998	No	—
51	Youngson et al. (76)	1998	No	—
52	Pashley and Carvalho (77)	1997	No	—
53	Saunders and Saunders (78)	1997	No	—
54	Taylor et al. (18)	1997	Yes	Dye leakage
55	Behrend et al. (25)	1996	Yes	Bacterial penetration
56	Brannstrom (79)	1996	No	—
57	Chailertvanitkul et al. (24)	1996	Yes	Bacterial penetration
58	Leonard et al. (80)	1996	No	—
59	Meiers and Kresin (81)	1996	No	—
60	Perez et al. (82)	1996	No	—
61	Sen et al. (83)	1996	No	—
62	Vassiliadis et al. (16)	1996	Yes	Dye leakage
63	Zoellner et al. (84)	1996	No	—
64	Yap et al. (85)	1996	No	—
65	Goldberg et al. (26)	1995	Yes	Dye leakage
66	Hasegawa et al. (86)	1995	No	—
67	Lloyd et al. (30)	1995	No	Dye leakage
68	Sen et al. (87)	1995	No	—
69	Sultan and Pitt Ford (88)	1995	No	—
70	Trowbridge (89)	1995	No	—
71	Chigira et al. (90)	1994	No	—
72	De Gee et al. (91)	1994	No	—
73	Gaintanzopoulou et al. (92)	1994	No	—
74	Karagoz-Kucukay and Bayirli (17)	1994	Yes	Electrochemical

TABLE 1. (Continued)

No.	Author (ref. no.)	Year	Inclusion Criteria Met	Test Type
75	Prati (93)	1994	No	—
76	Saunders and Saunders (28)	1994	Yes	Dye leakage
77	Sim and Sidhu (94)	1994	No	—
78	Soh and Sidhu (95)	1994	No	—
79	Suzuki et al. (96)	1994	No	—
80	Tay et al. (97)	1994	No	—
81	Tidswell et al. (27)	1994	Yes	Dye leakage
82	Yap et al. (98)	1994	No	—
83	Cox (99)	1994	No	—
84	Barkmeier et al. (100)	1993	No	—
85	Duke (101)	1993	No	—
86	Ferrari et al. (102)	1993	No	—
87	Gencoglu et al. (15)	1993	Yes	Dye leakage
88	Mixson et al. (103)	1993	No	—
89	Yu et al. (104)	1993	No	—
90	Bakland (105)	1992	No	—
91	Barkmeier and Cooley (106)	1992	No	—
92	Brannstrom et al. (107)	1992	No	—
93	Cox (108)	1992	No	—
94	Jordan and Suzuki (109)	1992	No	—
95	Pashley (110)	1992	No	—
96	Prati et al. (111)	1992	No	—
97	Retief et al. (112)	1992	No	—
98	Saunders and Saunders (14)	1992	Yes	Dye leakage
99	Scherer et al. (113)	1992	No	—
100	Lumley et al. (114)	1992	No	—
101	Stabholz et al. (115)	1992	No	—
102	Swift and LeValley (116)	1992	No	—
103	Watson et al. (117)	1992	No	—
104	Wieczkowski et al. (118)	1992	No	—
105	Woody and Davis (119)	1992	No	—
106	Yu et al. (120)	1992	No	—
107	Abbott et al. (121)	1991	No	—
108	Gettleman et al. (122)	1991	No	—
109	Pashley (123)	1991	No	—
110	Pashley and Pashley (124)	1991	No	—
111	Richardson et al. (125)	1991	No	—
112	Watson et al. (126)	1991	No	—
113	White and Goodis (127)	1991	No	—
114	Yu et al. (128)	1991	No	—
115	Zidan et al. (129)	1991	No	—
116	Barkmeier et al. (130)	1990	No	—
117	Czonstkowsky et al. (131)	1990	No	—
118	Greene et al. (132)	1990	No	—
119	Pashley (133)	1990	No	—
120	Safavi et al. (4)	1990	No	—
121	Tjan and Dunn (134)	1990	No	—
122	Wendt et al. (135)	1990	No	—
123	Barkmeier et al. (136)	1989	No	—
124	Barkmeier and Cooley (137)	1989	No	—
125	Douglas (138)	1989	No	—
126	Srisawaski et al. (139)	1988	No	—
127	Cergneux et al. (140)	1987	Yes	Dye leakage
128	Evans and Simon (13)	1986	Yes	Dye leakage
129	Jodaikin et al. (141)	1986	No	—
130	Kennedy et al. (32)	1986	Yes	Dye leakage
131	Pashley and Depew (142)	1986	No	—
132	Goldberg et al. (36)	1985	Yes	Bacterial penetration
133	Pashley (143)	1985	No	—
134	Williams and Goldman (144)	1985	No	—
135	Brannstrom (145)	1984	No	—
136	Madison and Krell (35)	1984	Yes	Dye leakage
137	White et al. (10)	1984	No	—
138	Yamada et al. (146)	1983	No	—
139	Jodaikin and Austin (147)	1981	No	—
140	Pashley et al. (3)	1981	No	—
141	Michelich et al. (2)	1980	No	—
142	Wayman et al. (148)	1979	No	—
143	Goldberg and Abramovich (149)	1977	No	—
144	Lester and Boyde (8)	1977	No	—
145	McComb and Smith (1)	1975	No	—

Inclusion criteria: (a) relevance of the contents to the subject of this review; (b) availability of the full-text version of the abstract; (c) presentation of experimental research; (d) use of extracted human teeth as samples; (e) use of gutta-percha as the obturating material; (f) inclusion of two groups in the research design, one group with the smear layer and the other without it; and (g) presentation of data reporting a valid mean and standard deviation. Among those that met the inclusion criteria, the ones that used the dye leakage test participated in the final meta-analysis.

evaluating, and cross-referencing the articles was continued until there were no longer any new articles that could be added to the master list. Because all of the selected articles reported research performed on extracted human teeth and their methodology was simple, they were assessed as valid, and none of them were excluded from the review.

At the end, 26 articles published in English from 1975 to 2005, reporting the effects of smear layer removal on leakage of human extracted teeth obturated with gutta-percha were selected as the final candidates for systematic review. A database was then created and the following information was entered for each of the selected papers: author names, publication year, number of experimental groups, sample size, site of leakage test, type of leakage test, obturation technique, sealer type, results (mean and SD for quantitative data and percentage for qualitative data), and statistical significance (*p* value). If more than one comparison was performed in an article, the data were split into separate records in the database. Therefore, 65 comparisons were finally entered into the database (Table 2).

Statistical analysis was performed using Stata software version 8.0 (StataCorp LP, College Station, Texas). The level of significance was set at 0.05. The number of comparisons reporting nonsignificant or significant differences in favor or against smear layer removal was compared using the χ^2 test. The records then were divided into five groups based on the type of leakage test and further analysis was performed within each group. These groups were (a) dye leakage test (44 comparisons); (b) fluid filtration test (7 comparisons); (c) electrochemical test (7 comparisons); (d) bacterial leakage test (6 comparisons); and (e) volumetric dye leakage test (1 comparison).

Having checked the heterogeneity between study results, a fixed or random-effect meta-analysis model was used to estimate the combined effect. To assess the effect of differences in the methodology of the records, meta-regression was used, and the between-study variation was estimated by the restricted likelihood method. The findings of these studies were illustrated by Forest plot, and the potential risk of publication bias was assessed using Begg's adjusted rank correlation test.

Results

Among the 65 comparisons entered into the database, 35 (53.8%) reported no significant difference between removing or keeping the smear layer during canal preparation of extracted human teeth; 27 (41.5%) reported a significant difference in favor of removing the smear layer and 3 (4.7%) found a significant difference in favor of keeping the smear layer (Table 3). Comparing these numbers using the χ^2 test showed a significant difference ($p < 0.001$).

The comparison of these percentages with subcategories for main factors such as type and site of leakage test, type of obturation and sealer used, and the year of publication revealed similar patterns ($p > 0.05$), except for the sample size; studies with a large number of samples showed stronger evidence in favor of removing the smear layer ($p < 0.046$).

The methodology of these papers had considerable differences, particularly in the method used to measure the amount of leakage. Because of these differences, the studies were categorized into five groups and each group was analyzed separately, as follows:

Dye Leakage Test Studies

Among 44 comparisons, the results of two papers with 4 comparisons, Lloyd et al. (30) and Goya et al. (33) were not included in the meta-analysis process, because they did not report a valid mean and standard deviation. In addition, one of the comparisons of the Evans and Simon (13) article reported a zero mean and SD, which was automatically excluded from the calculations. Thus, 39 comparisons from this

group actually participated in the meta-analysis process. Also, Taylor et al. (18) did not report a SD, and we used the reported mean and the coefficient of variance of other papers to estimate its SD.

The estimated rank of correlation coefficient of Begg's test was 0.3 ($p = 0.403$), which implies that there is no evidence for considerable publication bias in this study (Fig. 1).

The combined effect showed that removing the smear layer decreases dye leakage (*z*-score of difference = 0.37, $p = 0.021$) (Fig. 2).

The maximum and minimum effects were observed in Saunders and Saunders (28) (*z*-score = 2.0) and Froes et al. (23) (*z*-score = 1.35) papers. Nonetheless, this variation in the effect of removing the smear layer was not statistically significant ($q = 15.5$, $df = 38$, $p = 0.98$), meaning that there was no significance heterogeneity among the results of the studies.

Using meta-regression, we found that obturation type, site of leakage test, sealer type, type of dye used, duration of leakage test, and year of publication did not have a significant impact on the results and effects of the smear layer removal (Table 4).

Two types of ink were used in the observed studies: India ink and methylene blue. Although the type of dye and the test duration did not have any effect on the results of smear layer removal, the mean distance of penetration into the canal was 2.1 mm more for methylene blue than for India ink ($z = 3.4$, $p = 0.001$). In addition, after excluding the two studies that had used a centrifuge to accelerate the dye penetration process (9, 13), the results of meta-regression showed that a 1-day increase in test duration caused an average 0.3-mm increase in the dye penetration distance ($z = 2.15$, $p = 0.03$).

Fluid Filtration Test Studies

Seven of 65 comparisons used the fluid filtration test to assess the effects of smear layer removal. Because of variations in test duration, the reported statistics were so different that it was not possible to combine the results of these studies. However, 4 of 7 comparisons of this group showed a significant difference in favor of removing the smear layer and 1 showed a significant difference in favor of keeping it (Table 1).

Electrochemical Test Studies

In 7 of 65 comparisons, the electrochemical test was used to evaluate the effects of smear layer removal; however, as different techniques were applied in these studies, it was not possible to combine their results. Therefore, the effects of smear layer removal were assessed using the same method as for the previous group (6 comparisons showed results in favor of removing the smear layer, and 0 showed significant results in favor of keeping it).

Bacterial Leakage Test Studies

In 6 of 65 comparisons, the bacterial leakage test was used to evaluate the effects of smear layer removal; because of great variations, it was not possible to combine their results. Two comparisons reported a significant difference in favor of smear layer removal; none suggested keeping it.

Volumetric Dye Leakage

Only one study used this method to assess the effects of smear layer removal. Its results showed a significant difference in favor of smear layer removal.

Discussion

Among the 26 reviewed articles, 44 comparisons used the dye leakage test. Exploration of the *p*-values of these selected comparisons indicated that most of them had suggested removing the smear layer, leaving a small percentage supporting the idea of keeping it. The combined effect of these studies showed that smear layer removal signifi-

TABLE 2. Comparisons within 26 eligible articles, sorted by first author name, with level of significance, mean, and standard deviation for each side of the comparison

No.	Author	Ref. No.	Year	Sample Size		Test Site	Test Type	Obturation Type	Sealer Type	Sig.	SD		Mean	
				G1	G2						G1	G2	G1	G2
1	Economides et al.	12	2004	15	15	1	2	1	3	0	—	—	—	—
2	Economides et al.	12	2004	15	15	1	2	1	2	0	—	—	—	—
3	Cobankara et al.	21	2004	20	20	1	2	1	3	1	0.35	0.26	0.73	0.51
4	Cobankara et al.	21	2004	20	20	2	2	1	3	1	0.33	0.14	0.37	0.20
5	Cobankara et al.	21	2004	20	20	1	2	1	3	1	0.47	0.25	0.68	0.37
6	Cobankara et al.	21	2004	20	20	2	2	1	3	1	0.30	0.14	0.31	0.18
7	Park et al.	31	2004	10	10	2	1	2	3	0	—	—	—	—
8	Park et al.	31	2004	10	10	2	1	2	3	1	—	—	—	—
9	Clark-Holke et al.	22	2003	10	10	1	4	1	3	1	—	—	—	—
10	Timpawat et al.	20	2001	15	15	1	2	2	4	2	5.10	15.30	13.00	16.90
11	Goya et al.	33	2000	10	10	1	1	1	1	0	—	—	—	—
12	Goya et al.	33	2000	10	10	1	1	1	1	1	—	—	—	—
13	Von Fraunhofer et al.	34	2000	12	12	1	3	2	3	1	3.43	4.25	7.32	5.26
14	Von Fraunhofer et al.	34	2000	12	12	1	3	1	3	1	1.28	3.66	8.56	6.65
15	Von Fraunhofer et al.	34	2000	12	12	1	3	1	3	1	2.66	0.88	8.36	9.14
16	Froes et al.	23	2000	11	12	1	1	2	1	0	1.40	0.90	5.20	3.70
17	Froes et al.	23	2000	12	12	1	1	1	1	1	1.00	1.30	4.30	3.60
18	Froes et al.	23	2000	12	12	1	1	2	1	2	1.10	1.20	4.30	6.50
19	Froes et al.	23	2000	12	12	1	1	1	1	2	1.30	1.20	3.60	5.50
20	Economides et al.	19	1999	20	20	1	3	1	1	0	0.38	0.33	0.70	0.65
21	Economides et al.	19	1999	20	20	1	3	1	3	1	0.28	0.21	0.40	0.29
22	Timpawat and Sripanaratanakul	29	1998	10	10	1	1	2	0	0	1.50	1.38	3.27	2.91
23	Timpawat and Sripanaratanakul	29	1998	10	10	1	1	2	4	0	0.78	0.54	1.32	0.67
24	Timpawat and Sripanaratanakul	29	1998	10	10	1	1	2	1	0	0.82	0.68	1.16	0.82
25	Taylor et al.	18	1997	10	10	2	1	1	3	1	—	—	6.30	3.85
26	Taylor et al.	18	1997	10	10	2	1	2	3	0	—	—	5.30	3.40
27	Taylor et al.	18	1997	10	10	2	1	1	1	0	—	—	6.30	6.15
28	Taylor et al.	18	1997	10	10	2	1	2	1	0	—	—	5.55	5.10
29	Taylor et al.	18	1997	10	10	2	1	2	3	0	—	—	3.80	3.70
30	Taylor et al.	18	1997	10	10	2	1	2	3	0	—	—	4.30	3.75
31	Taylor et al.	18	1997	10	10	2	1	2	3	0	—	—	9.25	9.15
32	Taylor et al.	18	1997	10	10	2	1	2	3	0	—	—	4.95	4.15
33	Taylor et al.	18	1997	10	10	2	1	2	3	0	—	—	8.70	8.55
34	Taylor et al.	18	1997	10	10	2	1	1	4	0	—	—	5.40	4.65
35	Vassiliadis et al.	16	1996	21	21	2	1	1	1	1	1.49	1.11	4.46	2.61
36	Vassiliadis et al.	16	1996	21	21	2	5	1	1	1	0.91	0.32	1.24	0.60
37	Chailertvanitkul et al.	24	1996	20	20	2	4	1	2	0	—	—	—	—
38	Chailertvanitkul et al.	24	1996	20	20	2	4	2	2	0	—	—	—	—
39	Behrend et al.	25	1996	20	20	2	4	2	1	1	—	—	—	—
40	Behrend et al.	25	1996	5	5	2	4	2	0	0	—	—	—	—
41	Goldberg et al.	26	1995	10	10	1	1	1	4	0	0.41	0.50	0.24	0.48
42	Lloyd et al.	30	1995	22	22	1	1	1	2	0	—	—	—	—
43	Lloyd et al.	30	1995	22	22	1	1	2	2	0	—	—	—	—
44	Karagoz-Kucukay and Bayirli	17	1994	14	19	1	3	2	2	1	—	—	—	—
45	Karagoz-Kucukay and Bayirli	17	1994	14	18	1	3	2	0	1	—	—	—	—
46	Tidswell et al.	27	1994	20	20	2	1	1	4	0	0.38	0.73	1.68	2.04
47	Tidswell et al.	27	1994	20	20	2	1	1	4	0	1.58	1.70	2.29	2.37
48	Saunders and Saunders	28	1994	18	18	2	1	2	4	1	1.16	0.52	1.78	1.02
49	Saunders and Saunders	28	1994	18	18	2	1	1	4	0	1.29	0.62	2.03	1.56
50	Saunders and Saunders	28	1994	18	18	2	1	2	4	0	1.12	0.89	1.21	1.61
51	Saunders and Saunders	28	1994	18	18	2	1	1	4	0	1.32	0.43	2.54	1.01
52	Gencoglu et al.	15	1993	20	20	1	1	1	1	1	5.20	3.70	7.50	7.50
53	Gencoglu et al.	15	1993	20	20	1	1	2	1	1	3.30	1.10	4.50	0.90
54	Gencoglu et al.	15	1993	20	20	1	1	2	1	1	2.10	2.50	4.10	2.40
55	Saunders and Saunders	14	1992	15	15	2	1	1	1	1	1.53	0.29	4.26	1.13
56	Saunders and Saunders	14	1992	15	15	2	1	1	4	1	1.65	1.23	6.83	3.72
57	Cergneux et al.	9	1987	15	14	1	1	1	1	1	0.97	0.98	2.13	1.11
58	Cergneux et al.	9	1987	15	14	1	1	1	1	1	0.97	0.76	2.13	0.86
59	Evans and Simon	13	1986	8	8	1	1	1	1	0	0.00	0.00	0.00	0.00
60	Evans and Simon	13	1986	8	8	1	1	1	0	0	3.60	3.60	3.40	3.40
61	Evans and Simon	13	1986	8	8	1	1	2	1	0	2.00	2.00	1.10	1.10
62	Evans and Simon	13	1986	8	8	1	1	2	0	0	3.80	3.80	4.10	4.10
63	Kennedy et al.	32	1986	15	15	1	1	3	1	1	2.95	4.13	9.47	9.47

TABLE 2. (Continued)

No.	Author	Ref. No.	Year	Sample Size		Test Site	Test Type	Obturation Type	Sealer Type	Sig.	SD		Mean	
				G1	G2						G1	G2	G1	G2
64	Goldberg et al.	36	1985	11	11	1	4	1	3	0	—	—	—	—
65	Madison and Krell	35	1984	10	10	1	1	1	1	0	1.50	3.70	4.30	5.15

G1, group 1: group with smear layer.

G2, group 2: group without smear layer.

Test site: 1, apical; 2, coronal.

Test type: 1, dye leakage; 2, fluid filtration; 3, electrochemical; 4, bacterial leakage; 5, volumetric dye leakage.

Obturation type: 1, cold technique; 2, warm technique; 3, gutta-percha softened with chloroform.

Sealer type: 0, without sealer; 1, zinc oxide–eugenol–based sealer; 2, Ca(OH)₂-based sealer; 3, resin-based sealer; 4, glass-ionomer-based sealer; 5, silicone-based sealer.

Sig., significance: 0, no significant difference; 1, significant difference in favor of removing the smear layer; 2, significant difference in favor of keeping the smear layer.

cantly improves the apical and coronal seal, and this effect is not dependent on obturation type, site of leakage test, sealer type, type of dye used, duration of the test, or year of publication.

The low number of selected comparisons and the great variation in the techniques prevented the combination of the results of studies that used other evaluation techniques, although in all of these groups, the number of comparisons suggesting removal of the smear layer outnumbered those in favor of keeping it.

The following explanations have been drawn by several authors to support the idea of removing the smear layer:

1. It has an unpredictable diameter and volume, because a great portion of it consists of water (9).
2. It contains bacteria and necrotic tissue (1, 146, 148, 149).

3. It may act as a substrate for the bacteria, letting them penetrate deeper into the dentinal tubules (150).
4. It may limit the optimum penetration of disinfecting agents, medicaments, and root canal filling materials into dentinal tubules (1, 146, 148, 149).

On the other hand, some authors believe in keeping the smear layer during canal preparation, because it can block the dentinal tubules, preventing the inward and outward movement of bacteria and other irritants (2–4, 151, 152). However, Williams and Goldman (144) reported that the smear layer is not a complete barrier and can only delay bacterial penetration.

It was found in this study that the mean value of methylene blue penetration was significantly greater than that of India ink. This could be

TABLE 3. Number of insignificant and significant comparisons within selected articles, listed by criteria

Criteria/group	Insignificant Comparisons [n (%)]	Significant Comparisons [n (%)]		Total [n (%)]	p
		Smear Layer Removed	Smear Layer Kept		
Sample size					
n < 30	23 (65.7)	10 (28.6)	2 (5.7)	35 (100)	0.046
n ≥ 30	12 (40)	17 (56.6)	1 (3.3)	30 (100)	
Test site					
Apical	17 (45.9)	17 (45.9)	3 (8.1)	37 (100)	0.2
Coronal	18 (64.3)	10 (35.7)	0 (0)	28 (100)	
Test type					
Dye leakage	28 (63.6)	14 (31.8)	2 (4.5)	44 (100)	0.078
Fluid filtration	2 (28.6)	4 (57.1)	1 (14.3)	7 (100)	
Electrochemical	1 (14.3)	6 (85.7)	0 (0)	7 (100)	
Bacterial	4 (66.7)	2 (33.3)	0 (0)	6 (100)	
Volumetric leakage	0 (0)	1 (100)	0 (0)	1 (100)	
Obturation technique with gutta-percha					
Cold	17 (47.2)	18 (50)	1 (2.8)	36 (100)	0.22
Warm	18 (64.3)	8 (28.6)	2 (7.1)	28 (100)	
Chloroform softened	0 (0)	1 (100)	0 (0)	1 (100)	
Sealer type					
No sealer	4 (80)	1 (20)	0 (0)	5 (100)	0.23
Zinc oxide–eugenol	9 (39.1)	12 (52.2)	2 (8.7)	23 (100)	
Ca(OH) ₂	5 (83.3)	1 (16.7)	0 (0)	6 (100)	
Resin	9 (45)	11 (55)	0 (0)	20 (100)	
Glass ionomer	8 (72.7)	2 (18.2)	1 (9.1)	11 (100)	
Year of publication					
<1995	11 (50)	11 (50)	0 (0)	22 (100)	0.42
≥1995	24 (55.8)	16 (37.2)	3 (7)	43 (100)	
Total	35 (53.84)	27 (41.5)	3 (4.61)	65 (100)	0.001

The p-value represents the comparison made between different groups for each criterion using Fischer's exact test. The last row represents the number of different types of reported comparisons being compared using χ^2 test.

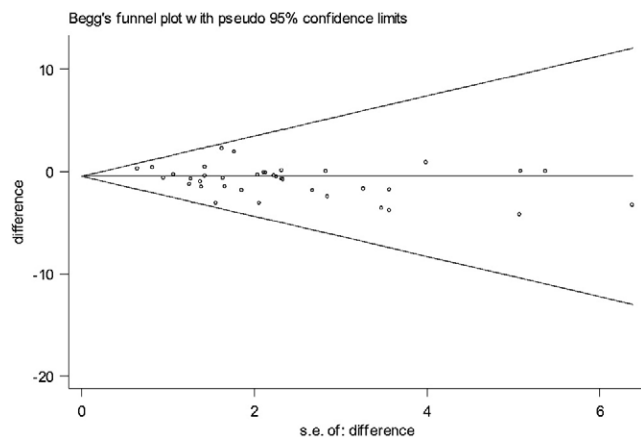


Figure 1. Funnel plot for the effect of smear layer removal in studies that used dye leakage method; this graph illustrates low risk of publication bias among recruited papers.

explained by the acidic portion of methylene blue, which may dissolve the inorganic tissue and allow further penetration (132), or by its smaller molecular size in comparison with India ink (16).

Although no evidence of publication bias was found in the data, it should be mentioned that the study was limited to papers published in the English language. In addition, because of the methodological variations, it was not possible to combine the results of all of the studies; as a matter of fact, only the results of studies that used the dye leakage test were combined in this study. Moreover, almost all of the articles reviewed in this study explored the issue with ex vivo tests, and it should be kept in mind that extending their results to clinical conditions should be performed with extensive caution. This should be considered in interpreting the results of the current study. Hence, it is suggested by the authors to perform clinical research studies using in vivo tests to address this controversy from another point of view.

In the current study, the authors were forced to exclude a few papers from final review because they did not report a valid mean and

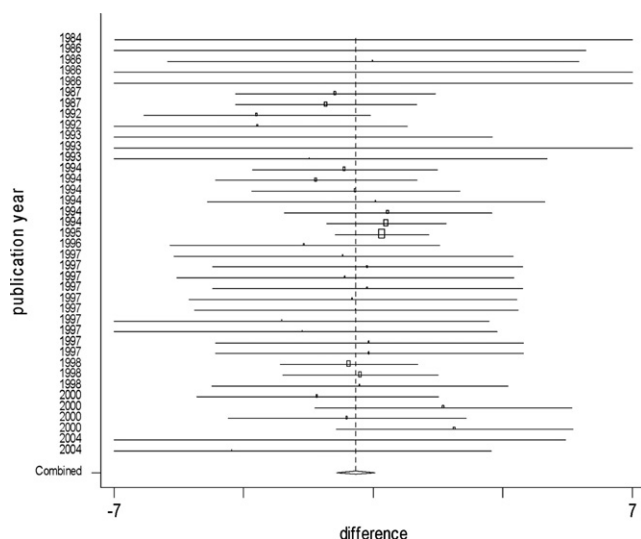


Figure 2. The Forest plot for the effect of smear layer removal on dye leakage results; the box and horizontal lines show the point estimation with 95% confidence interval of effects in each study, respectively. The diamond at the bottom of the figure shows the combine effect based on the random effect model.

TABLE 4. Effects of potential factors influencing the results of keeping or removing the smear layer for comparisons made with the dye leakage test, calculated with meta-regression

Potential Effective Factor	Coefficient	z	p
Smear layer removal	-0.37	-2.31	0.021
Obturation technique	0.56	0.19	0.84
Site of leakage study	-0.26	-0.81	0.42
Sealer type	0.016	-0.14	0.89
Dye type	0.012	0.03	0.97
Duration of leakage test	0.034	0.87	0.38
Year of publication	0.012	0.37	0.71
Sample size	-0.018	0.94	0.35

standard deviation; thus, investigators are encouraged to report their findings in a way compatible with the previously published research projects on the same subject if they want their findings to be compared or evaluated in combination with similar articles in future reviews.

In conclusion, considering the conditions of these in vitro leakage studies, smear layer removal improves the fluid-tight seal of the root canal system, whereas other factors, such as the obturation technique or the sealer used, did not produce significant effects. The dye leakage test was the favorite means for evaluating the effects of smear layer removal, and the site of the test, type of dye, and year of publication did not significantly affect the final outcome (38–147).

Acknowledgments

The authors thank Dr Masoud Parirokh for his valuable comments on the final draft of the paper and Dr Niloofar Khablesseh and Mr. Hessam Shabriari for their help in preparing the manuscript. The authors also thank Kerman University of Medical Sciences, Kerman, Iran for their financial support.

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